



RHODE ISLAND DEPARTMENT OF CORRECTIONS

Planning & Research Unit

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Weight Gain during Incarceration (males); Attitudes and Beliefs around Weight Gain during Incarceration (female)

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Memorial Hospital

Abstract

The study is focused on developing a better understanding of obesity rates of male inmate's, and why incarcerated women (and men) disproportionally gain weight will aid in tailoring much needed health education interventions, thus increasing their effectiveness. The study will collect data on male weight change during incarceration to assess the need for weight loss/weight maintenance for incarcerated males as well as females. By interviewing both inmates and prison administration and staff, the study will determine what is needed from an intervention and what is feasible to implement within a correctional facility.

Specific aims of the study include the collection of quantitative data on male weight change during incarceration; collect quantitative data to develop an improve weight loss and weight maintenance interventions from male and female inmates and to collect quantitative data to develop an improve weight loss and maintenance interventions for RIDOC administration and staff.